

# February 2020 Lunch Menu



A Nurturing Haven for Childhood Development

# Parent Copy

\Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>Cheese Pizza Carrots Peaches Milk</p>	<p>4</p> <p>Hamburger on Wheat Bun Fries Fruit Mix Milk</p>	<p>5</p> <p>Cheese Ravioli Wheat Bread Green Beans Pears Milk</p>	<p>6</p> <p>Chicken Brown Rice Broccoli Apple Slices Milk</p>	<p>7</p> <p>Waffles Turkey Bacon Strawberries Oranges Milk</p>
<p>10</p> <p>Pepperoni Pizza Cucumbers Pineapple Milk</p>	<p>11</p> <p>Shredded Chicken on Wheat Bread Mashed Potatoes Applesauce Milk</p>	<p>12</p> <p>Mac and Cheese Wheat Bread Peas Oranges Milk</p>	<p>13</p> <p>Cheese Quesadilla Salad Grapes Milk</p>	<p>14</p> <p>Pancakes Turkey Sausage Blueberries Bananas Milk</p>
<p>17</p> <p><b>Ready Set Grow is closed!</b></p>	<p>18</p> <p>Grilled Cheese Broccoli with Melted Cheddar Fruit Mix Milk</p>	<p>19</p> <p>Beef Stroganoff Wheat Bread Corn Peaches Milk</p>	<p>20</p> <p>Chicken Nuggets Wheat Bread Corn Applesauce Milk</p>	<p>21</p> <p>French Toast Sticks Turkey Bacon Oranges Strawberries Milk</p>
<p>24</p> <p>Cheese Pizza Cucumbers Oranges Milk</p>	<p>25</p> <p>BBQ Chicken Sandwich French Fries Pineapple Milk</p>	<p>26</p> <p>Chicken and Noodles Wheat Bread Broccoli Applesauce Milk</p>	<p>27</p> <p>Sweet and Sour Chicken Oranges Strawberries Milk</p>	<p>28</p> <p>Waffles Turkey Bacon Apple Slices Peaches Milk</p>

# February 2020 Snack Menu



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Mon	Tue	Wed	Thu	Fri
3 AM: Cheerios and Milk PM: Bananas and Yogurt	4 AM: Graham Cracker with Banana and Milk PM: White Cheddar Cheez Its and Pepperoni	5 AM: Rice Chex and Milk PM: Cucumbers and Hummus	6 AM: Cinnamon Bread and Milk PM: Graham Crackers and Applesauce	7 AM: KIX and Milk PM: Goldfish and String Cheese
10 AM: Corn Flakes and Milk PM: Apple Slices and Cheddar Cheese	11 AM: Poptart and Milk PM: Carrots and Hummus	12 AM: Golden Grahams and Milk PM: Vanilla Wafers and Peaches	13 AM: Blueberry Muffin with Jelly and Milk PM: Wheat Crackers and String Cheese	14 AM: Cheerios and Milk PM: Pita Chips and Hummus
17 <b>Ready Set Grow is closed!</b>	18 AM: English Muffin and Milk PM: Graham Crackers, Sun-Butter, Jelly	19 AM: Cheerios and Milk PM: White Cheddar Cheez Its and Pepperoni	20 AM: Nutrigrain Bar and Milk PM: Ritz Crackers and Cheddar Cheese	21 AM: Rice Chex and Milk PM: Animal Crackers and Applesauce
24 AM: KIX and Milk PM: Carrots and Hummus	25 AM: Cinnamon Bread and Milk PM: Goldfish and Pepperoni	26 AM: Golden Grahams and Milk PM: Pita Chips and Hummus	27 AM: Cereal Bar and Milk PM: Apple Slices and String Cheese	28 AM: Corn Flakes and Milk PM: Vanilla Wafers and Banana