Ready Set Grow!

The Playground - January Newsletter

January 2022

Happy New Year!

I hope you all enjoyed a healthy and happy holiday season. We can't wait to spend 2022 with you and your children. I would like to thank all of you for your generosity over the holidays. The teachers and administrative team truly appreciate all the gifts and notes we received! These thoughts of appreciation mean so much to us. As always, thank you for choosing our school for your children.

Important Dates

Dec. 31 - CLOSED; Happy New Year!

Jan. 3-7 - New Years' Spirit Week - more info to come!

Jan. 6 - Soccer Shots Season begins - sign up information below

Jan. 17 - Martin Luther King Jr. Day; recognizing MLK Day with thoughtful activities about making positive changes in the world

Jan. 21 - Breakfast To-Go; breakfast available for parents in the lobby at drop-off

Jan. 26 - Silly Sock day

Soccer Shots Sessions beginning Jan. 6!

Beginning the week of January 6, 2022 Soccer Shots will be offered at RSG every Thursday with sessions starting at 3 PM. Please take a flyer from the lobby for more information or click this <u>link</u> to sign up now.





Winter At-Home Activity

Read Snow Happy! by Patricia Hubbell

After reading the story, grab a snow shovel, an old magazine or newspaper, and a bucket. Have your child crinkle up the pages and throw them into the bucket. Once they've made all their baskets, they can dump the bucket and scoop the papers back in using a snow shovel! This supports both fine and large motor growth!

January 2022 Snack Menu		ready set grow!		
Monday	A Nurt Tuesday	turing Haven for Childhood Development Wednesday	Thursday	Friday
3 AM: Pancakes and Milk	4 AM: Kix and Milk PM: Vanilla Wafers and	5 AM: Rice Crispies and Milk	6 AM: Bagels with Cream Cheese and Milk	7 AM: Cheerios with Bananas and Milk
PM: Sweet Potato Crackers and String Cheese	Strawberry Yogurt	PM: Goldfish and Applesauce	PM: Ritz Crackers with Cheddar Cubes and Turkey	PM: Carrots and Hummus
10 AM: Cinnamon Bread and Milk	11 AM: Corn Flakes and Milk	12 AM: Biscuit with Jelly and Milk	13 AM: Strawberry Rhubarb Muffins and Milk	14 AM: Kix and Milk
PM: Animal Crackers and Fresh Fruit	PM: Bell Peppers with Hummus	PM: Graham Crackers with Sunbutter	PM: Bananas and Yogurt	PM: Vanilla Wafers and Peaches
17 AM: Rice Crispies and Milk	18 AM: Cinnamon Bread and Milk	19 AM: Rice Chex and Milk	20 AM: Biscuits with Apple Butter and Milk	21 AM: Cereal Bar and Milk
PM: Carrots with Hummus	PM: Apple Slices with Sunbutter	PM: Vanilla Wafers and Blueberry Yogurt	PM: Graham crackers and Mango Smoothie	PM: Pepperoni Slices and String Cheese
24 AM: Corn Flakes and Milk	25 AM: Biscuits with Strawberry Jam and Milk	26 AM: Blueberry Muffins and Milk	27 AM: Kix and Milk	28 AM: Rice Crispy and Milk
PM: Apple Slices with Fruit Dip	PM: Wheat Crackers and Cheese Cubes	PM: Goldfish and Pepperoni Slices	PM: Graham Crackers and Applesauce	PM: Cucumbers with Hummus
31 AM: Blueberry Waffles and Milk				
PM: Pretzels with Cheese Dip				

Water is offered with all snacks and throughout the day.



Contact Us

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